**Sport Department**

**Semester: 1** **2026 – 2027**

| Grade Level | | 8 BOYS | | Subject: sport |
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| Teacher(s) Name | Suliman Zawahreh | | | |
| Textbook | | | | |
| **Week #** | **Dates** | | **Lesson Title / Pages** | **CCSS / NGSS Code / MOE** |
| 1 | 1st.Sep | 4. Sep | Basketball<br>Offense & Defence<br>Apply basic offensive and defensive techniques. | PE-8: offensive/defensive skills and strategies; feedback and performance improvement. |
| 2 | 7th.Sep | 11th. Sep | Basketball<br>Shooting / Free Throw<br>Demonstrate correct shooting mechanics and free-throw technique. | PE-8: offensive/defensive skills and strategies; feedback and performance improvement. |
| 3 | 14th.Sep | 18th. Sep | Basketball<br>Layup<br>Demonstrate layup footwork, ball handling and shooting mechanics. | PE-8: offensive/defensive skills and strategies; feedback and performance improvement. |
| 4 | 21st.Sep | 25th. Sep | Basketball<br>Rules / Match Assessment<br>Apply fundamental techniques and rules in a structured match. | PE-8: offensive/defensive skills and strategies; feedback and performance improvement. |

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| **5** | **28th.Sep** | **2nd. Oct** | **Handball**<br>**Dribbling**<br>**Demonstrate effective dribbling including control, speed and changes in direction.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **6** | **5th.Oct** | **9th. Oct** | **Handball**<br>**Dribbling / Chest Pass**<br>**Apply effective dribbling and chest-pass techniques.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **7** | **12th.Oct** | **16th. Oct** | **Handball**<br>**Passing / Bounce Pass**<br>**Demonstrate effective passing and bouncing techniques.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **8** | **19th.Oct** | **23rd. Oct** | **Handball**<br>**Overhand Pass**<br>**Demonstrate standard and overhead passing techniques.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **9** | **26th.Oct** | **30th. Oct** | **Handball**<br>**Passing Assessment**<br>**Apply learned passing techniques in controlled and game situations.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **10** | **2nd. Nov** | **6th. Nov** | **Handball**<br>**Defending & Offense**<br>**Learn and apply defending and offensive strategies.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **11** | **9th. Nov** | **13th. Nov** | **Volleyball**<br>**Underhand Serve**<br>**Demonstrate correct underhand serving technique.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **12** | **16th.Nov** | **20th. Nov** | **Volleyball**<br>**Overhand Serve**<br>**Demonstrate correct overhand serving technique.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |

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| **13** | **23rd.Nov** | **27th. Nov** | **Volleyball**<br>**Serve Assessment**<br>**Apply serving rules and accurate technique.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **14** | **30th. Nov** | **4th. Dec** | **Volleyball**<br>**Overhead Pass / Volley**<br>**Demonstrate overhead passing with correct hand position, timing and control.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |
| **15** | **7th. Dec** | **11th. Dec** | **Volleyball**<br>**Underhand Pass / Volley**<br>**Demonstrate underhand passing with correct platform, timing and control.** | **PE-8: offensive/defensive skills and strategies; feedback and performance improvement.** |