Sport Department

Semester: 1 **2026 – 2027**

Grade Level	**6 BOYS**		**Subject: sport**	
Teacher(s) Name	**Suliman Zawahreh**			
Textbook				
Week #	**Dates**		**Lesson Title / Pages**	**CCSS / NGSS Code / MOE**
1	**1st.Sep**	**4. Sep**	Introducing the overview Setting the rules up To know the students' names, favourite sports,	Adding the students to PE Schoology
2	**7th.Sep**	**11th. Sep**	Basketball Dribbling / Crossover Demonstrate Controlled dribbling including crossover.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
3	**14th.Sep**	**18th. Sep**	Basketball Offense & defence Apply basic offensive and defensive techniques.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
4	**21st.Sep**	**25th. Sep**	Basketball Shooting / Free Throw Demonstrate correct shooting mechanics and free-throw technique.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.

5	**28th.Sep**	**2nd. Oct**	Basketball Layup Demonstrate layup footwork, ball handling and shooting mechanics.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
6	**5th.Oct**	**9th. Oct**	Handball Dribbling Demonstrate effective dribbling including control, speed and changes in direction.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
7	**12th.Oct**	**16th. Oct**	Handball Dribbling / Chest Pass Apply effective dribbling and chest-pass techniques.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
8	**19th.Oct**	**23rd. Oct**	Handball Passing / Bounce Pass Demonstrate effective passing and bouncing techniques.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
9	**26th.Oct**	**30th. Oct**	Handball Overhand Pass Demonstrate standard and overhead passing techniques.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
10	**2nd. Nov**	**6th. Nov**	Handball Passing Assessment Apply learned passing techniques in controlled and game situations.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
11	**9th. Nov**	**13th. Nov**	Handball Defending & Offense Learn and apply defending and offensive strategies.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
12	**16th.Nov**	**20th. Nov**	Volleyball Underhand Serve Demonstrate correct underhand serving technique.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.

13	**23rd.Nov**	**27th. Nov**	Volleyball Overhand Serve Demonstrate correct overhand serving technique.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
14	**30th. Nov**	**4th. Dec**	Volleyball Serve Assessment Apply serving rules and accurate technique.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
15	**7th. Dec**	**11th. Dec**	Volleyball Overhead Pass / Volley Demonstrate overhead passing with correct hand position, timing and control.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.
16	**14th.Dec**	**18th. Dec**	Volleyball Underhand Pass / Volley Demonstrate underhand passing with correct platform, timing and control.	PE-6: proficient movement skills; skill-related fitness; regular moderate-to vigorous activity.