



# NOVEMBER NEWSLETTER



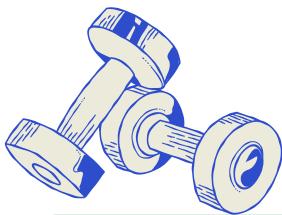
دَافِرَ عَزَّكَ يَا وَطَنَ

## Flag Day

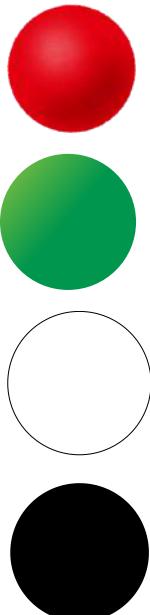
UAE Flag Day is a special day celebrated every year on November 3rd. On this day, people across the United Arab Emirates proudly raise the national flag to show their love and respect for the country. The flag represents unity, pride, and the achievements of the UAE. Schools, offices, and homes display the flag, and everyone joins together to honor the nation and its leaders. It is a day to remember the values of loyalty, strength, and unity that the UAE stands for.



# 30X30 Dubai Fitness Challenge



The Dubai Fitness Challenge 30x30 is also celebrated in schools to help students stay active and healthy. During the challenge, students are encouraged to do 30 minutes of exercise every day for 30 days. Schools organize fun activities like running, dancing, and team games to make fitness exciting. Teachers and students join together to promote healthy habits and enjoy being active. It is a great way to learn that exercise can be fun and important for a strong body and mind.



## Flag colors



The UAE flag has four beautiful colors that each have a special meaning. The **red** color stands for courage and bravery. The **green** color shows hope and growth. The **white** color means peace and honesty, while the **black** color represents strength and power. Together, these colors show the unity, pride, and spirit of the United Arab Emirates.





## Traditional Games

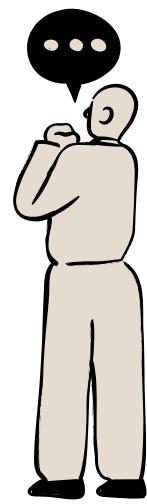
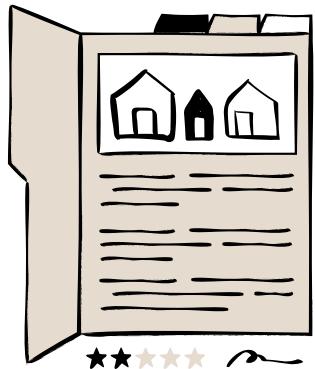
UAE traditional games are a fun part of the country's culture and heritage, bringing families and friends together. Some popular games include \*\*Al Karabi\*\*, where children use wooden sticks to move a small object, and \*\*Al Dahrooj\*\*, a game that involves sliding on smooth surfaces. Kids also enjoy \*\*Al Hoosha\*\*, a playful running game, and \*\*Al Sagala\*\*, which uses ropes for jumping or competing. These games are usually played outdoors and help teach teamwork, skill, and creativity while keeping old traditions alive.



## Tolerance

Tolerance means being kind and accepting people who may look, think, or believe differently from us. It helps everyone feel safe and welcomed. When kids practice tolerance, they learn to share, listen, and play nicely with others. It also teaches them that our differences make the world more interesting. By showing tolerance, children help create a friendly and happy environment for everyone.

# citizenship



Citizenship means being a responsible and caring member of your community and country. A good citizen follows rules, respects others, and helps make the world a better place. Citizenship also includes showing kindness, working together, and taking care of the environment. When we practice good citizenship, we help create a safe, happy, and peaceful community for everyone.

الإمارات العربية المتحدة



## Emirates play



Emirates play includes many fun traditional games that children in the UAE have enjoyed for generations. These games bring friends together and help them learn teamwork and patience. One popular game is \*Al Karba\*, where children jump and race. Another is \*Al Dahrooj\*, which involves sliding on the sand. These traditional Emirati games show the joy, culture, and creativity of the people of the UAE.



## Children's Day

Children's Day is a special celebration in our school where we honor and appreciate all students. The day is filled with fun activities, games, and surprises prepared by the teachers. Everyone enjoys laughing, playing, and spending time with friends. Children's Day reminds us that kids are important, and their happiness and well-being matter. It is a joyful day that brings smiles to everyone in the school.

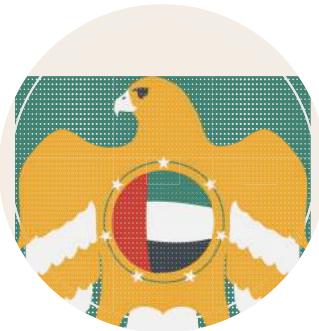


## fashion show



A UAE fashion show in school is a fun event where students wear beautiful traditional clothes like the kandura and abaya. The show helps students learn about Emirati culture and feel proud of their heritage. Everyone enjoys watching their friends walk on stage with confidence. The fashion show brings the school together and celebrates the rich traditions of the UAE in a joyful way.





اليوم الوطني

## UAE National Day

UAE National Day is a very special celebration in our school.\*\* On this day, students come dressed in the colors of the UAE flag, and we learn about the history of our beloved country. The school is decorated with red, green, white, and black, and everyone feels proud and happy. We enjoy traditional dances, songs, and delicious food while remembering the unity and achievements of the UAE. It is a joyful day that brings us together as one family.

