

ELEMENTARY NOVEMBER 2024 NEWSLETTER



UAE FLAG DAY



UAE NATIONAL DAY

Happy UAE National Day!
It's a day to celebrate our country's amazing history and all the people who make the UAE special. Let's be proud of where we live and show love for our beautiful country!

On November 3rd, we celebrate UAE Flag Day by raising our beautiful flag high! The red, green, white, and black colors show our love, unity, and pride for our country. Let's wave our flags and celebrate together! 🇦🇪



CYCLING DAY

Cycling Day is a fun time to ride your bike and stay active! Biking keeps us healthy, strong, and happy. It's also great for the environment! So, grab your helmet, hop on your bike, and enjoy a fun ride with our friends! 🚲



Henna Day

In the UAE, henna tattoos are a special tradition, especially celebrations. Women and girls decorate their hands with beautiful patterns using natural henna. It's a way to share joy, beauty, and culture!



Worlds Diabetes Day



Diabetes is when your body has trouble using sugar for energy. Eating healthy foods, being active, and listening to your doctor can help you feel good and stay strong!



Fitness Challenge

Playing and moving are fun! Running, jumping, or playing sports helps your body stay strong and happy. Try to play every day and keep your body active – it makes you feel awesome!